



14 Rekustad

Gyldig: 12.03.26 - 19.06.26

Mandag - fredag

Merknad Ukedager														
Ise stasjon	05:35	06:35	07:05	07:35	08:05	08:35	09:35	10:35	11:35	12:35	13:35	14:05	14:35	15:05
Hevingen	05:40	06:40	07:10	07:40	08:10	08:40	09:40	10:40	11:40	12:40	13:40	14:10	14:40	15:10
Holmegil	05:41	06:41	07:11	07:41	08:11	08:41	09:41	10:41	11:41	12:41	13:41	14:11	14:41	15:11
Jellestadveien 25	05:42	06:42	07:12	07:42	08:12	08:42	09:42	10:42	11:42	12:42	13:42	14:12	14:42	15:12
Engsmyrveien	05:42	06:42	07:12	07:42	08:12	08:42	09:42	10:42	11:42	12:42	13:42	14:12	14:42	15:12
Brusemyr	05:43	06:43	07:13	07:43	08:13	08:43	09:43	10:43	11:43	12:43	13:43	14:13	14:43	15:13
Brusemyrtoppen	05:43	06:43	07:13	07:43	08:13	08:43	09:43	10:43	11:43	12:43	13:43	14:13	14:43	15:13
Brusemyrveien	05:44	06:44	07:14	07:44	08:14	08:44	09:44	10:44	11:44	12:44	13:44	14:14	14:44	15:14
Brusemyrveien 47	05:44	06:44	07:14	07:44	08:14	08:44	09:44	10:44	11:44	12:44	13:44	14:14	14:44	15:14
Garberg	05:45	06:45	07:15	07:45	08:15	08:45	09:45	10:45	11:45	12:45	13:45	14:15	14:45	15:15
Østfoldmeieriet	05:45	06:45	07:15	07:45	08:15	08:45	09:45	10:45	11:45	12:45	13:45	14:15	14:45	15:15
Sarpsborg bussterminal	05:55	06:55	07:25	07:55	08:25	08:55	09:55	10:55	11:55	12:55	13:55	14:25	14:55	15:25
Borgbygget	06:02	07:02	07:32	08:02	08:32	09:02	10:02	11:02	12:02	13:02	14:02	14:32	15:02	15:32
Greåkerdalen	06:07	07:07	07:37	08:07	08:37	09:07	10:07	11:07	12:07	13:07	14:07	14:37	15:07	15:37
Greåker	06:12	07:12	07:42	08:12	08:42	09:12	10:12	11:12	12:12	13:12	14:12	14:42	15:12	15:42
Rekustad skole	06:17	07:17	07:47	08:17	08:47	09:17	10:17	11:17	12:17	13:17	14:17	14:47	15:17	15:47



14 Rekustad

Gyldig: 12.03.26 - 19.06.26

Mandag - fredag

Merknad Ukedager														
Ise stasjon	15:35	16:05	16:35	17:05	17:35	18:05	18:35	19:35	20:35	21:35	22:35
Hevingen	15:40	16:10	16:40	17:10	17:40	18:10	18:40	19:40	20:40	21:40	22:40
Holmegil	15:41	16:11	16:41	17:11	17:41	18:11	18:41	19:41	20:41	21:41	22:41
Jellestadveien 25	15:42	16:12	16:42	17:12	17:42	18:12	18:42	19:42	20:42	21:42	22:42
Engsmyrveien	15:42	16:12	16:42	17:12	17:42	18:12	18:42	19:42	20:42	21:42	22:42
Brusemyr	15:43	16:13	16:43	17:13	17:43	18:13	18:43	19:43	20:43	21:43	22:43
Brusemyrtoppen	15:43	16:13	16:43	17:13	17:43	18:13	18:43	19:43	20:43	21:43	22:43
Brusemyrveien	15:44	16:14	16:44	17:14	17:44	18:14	18:44	19:44	20:44	21:44	22:44
Brusemyrveien 47	15:44	16:14	16:44	17:14	17:44	18:14	18:44	19:44	20:44	21:44	22:44
Garberg	15:45	16:15	16:45	17:15	17:45	18:15	18:45	19:45	20:45	21:45	22:45
Østfoldmeieriet	15:45	16:15	16:45	17:15	17:45	18:15	18:45	19:45	20:45	21:45	22:45
Sarpsborg bussterminal	15:55	16:25	16:55	17:25	17:55	18:25	18:55	19:55	20:55	21:55	22:55
Borgbygget	16:02	16:32	17:02	17:32	18:02	18:32	19:02	20:02	21:02	22:02	23:02
Greåkerdalen	16:07	16:37	17:07	17:37	18:07	18:37	19:07	20:07	21:07	22:07	23:07
Greåker	16:12	16:42	17:12	17:42	18:12	18:42	19:12	20:12	21:12	22:12	23:12
Rekustad skole	16:17	16:47	17:17	17:47	18:17	18:47	19:17	20:17	21:17	22:17	23:17



14 Rekustad

Gyldig: 12.03.26 - 19.06.26

Søndag

Merknad Ukedager														
Ise stasjon	13:35	14:35	15:35	16:35	17:35	18:35	19:35	20:35	21:35	22:35
Hevingen	13:40	14:40	15:40	16:40	17:40	18:40	19:40	20:40	21:40	22:40
Holmegil	13:41	14:41	15:41	16:41	17:41	18:41	19:41	20:41	21:41	22:41
Jellestadveien 25	13:42	14:42	15:42	16:42	17:42	18:42	19:42	20:42	21:42	22:42
Engsmyrveien	13:42	14:42	15:42	16:42	17:42	18:42	19:42	20:42	21:42	22:42
Brusemyr	13:43	14:43	15:43	16:43	17:43	18:43	19:43	20:43	21:43	22:43
Brusemyrtoppen	13:43	14:43	15:43	16:43	17:43	18:43	19:43	20:43	21:43	22:43
Brusemyrveien	13:44	14:44	15:44	16:44	17:44	18:44	19:44	20:44	21:44	22:44
Brusemyrveien 47	13:44	14:44	15:44	16:44	17:44	18:44	19:44	20:44	21:44	22:44
Garberg	13:45	14:45	15:45	16:45	17:45	18:45	19:45	20:45	21:45	22:45
Østfoldmeieriet	13:45	14:45	15:45	16:45	17:45	18:45	19:45	20:45	21:45	22:45
Sarpsborg bussterminal	13:55	14:55	15:55	16:55	17:55	18:55	19:55	20:55	21:55	22:55
Borgbygget	14:02	15:02	16:02	17:02	18:02	19:02	20:02	21:02	22:02	23:02
Greåkerdalen	14:07	15:07	16:07	17:07	18:07	19:07	20:07	21:07	22:07	23:07
Greåker	14:12	15:12	16:12	17:12	18:12	19:12	20:12	21:12	22:12	23:12
Rekustad skole	14:17	15:17	16:17	17:17	18:17	19:17	20:17	21:17	22:17	23:17



14 Ise

Gyldig: 12.03.26 - 19.06.26

Mandag - fredag

Merknad Ukedager														
Rekustad skole	05:45	06:15	06:45	07:15	07:45	08:15	08:45	09:45	10:45	11:45	12:45	13:15	13:45	14:15
Greåker	05:50	06:20	06:50	07:20	07:50	08:20	08:50	09:50	10:50	11:50	12:50	13:20	13:50	14:20
Greåkerdalen	05:55	06:25	06:55	07:25	07:55	08:25	08:55	09:55	10:55	11:55	12:55	13:25	13:55	14:25
Borgbygget	06:00	06:30	07:00	07:30	08:00	08:30	09:00	10:00	11:00	12:00	13:00	13:30	14:00	14:30
Valaskjold bru	06:04	06:34	07:04	07:34	08:04	08:34	09:04	10:04	11:04	12:04	13:04	13:34	14:04	14:34
Sarpsborg bussterminal	06:06	06:36	07:06	07:36	08:06	08:36	09:06	10:06	11:06	12:06	13:06	13:36	14:06	14:36
Sarpsborg torg	06:07	06:37	07:07	07:37	08:07	08:37	09:07	10:07	11:07	12:07	13:07	13:37	14:07	14:37
Haralds plass	06:08	06:38	07:08	07:38	08:08	08:38	09:08	10:08	11:08	12:08	13:08	13:38	14:08	14:38
Byfogdløkka	06:09	06:39	07:09	07:39	08:09	08:39	09:09	10:09	11:09	12:09	13:09	13:39	14:09	14:39
Borgermesterløkka	06:10	06:40	07:10	07:40	08:10	08:40	09:10	10:10	11:10	12:10	13:10	13:40	14:10	14:40
Hafslund skole	06:14	06:44	07:14	07:44	08:14	08:44	09:14	10:14	11:14	12:14	13:14	13:44	14:14	14:44
Østfoldmeieriet	06:15	06:45	07:15	07:45	08:15	08:45	09:15	10:15	11:15	12:15	13:15	13:45	14:15	14:45
Garberg	06:15	06:45	07:15	07:45	08:15	08:45	09:15	10:15	11:15	12:15	13:15	13:45	14:15	14:45
Brusemyrveien 47	06:16	06:46	07:16	07:46	08:16	08:46	09:16	10:16	11:16	12:16	13:16	13:46	14:16	14:46
Brusemyrveien	06:16	06:46	07:16	07:46	08:16	08:46	09:16	10:16	11:16	12:16	13:16	13:46	14:16	14:46
Brusemyrtoppen	06:17	06:47	07:17	07:47	08:17	08:47	09:17	10:17	11:17	12:17	13:17	13:47	14:17	14:47
Brusemyr	06:17	06:47	07:17	07:47	08:17	08:47	09:17	10:17	11:17	12:17	13:17	13:47	14:17	14:47
Engsmyrveien	06:18	06:48	07:18	07:48	08:18	08:48	09:18	10:18	11:18	12:18	13:18	13:48	14:18	14:48
Jellestadveien 25	06:18	06:48	07:18	07:48	08:18	08:48	09:18	10:18	11:18	12:18	13:18	13:48	14:18	14:48
Holmegil	06:18	06:48	07:18	07:48	08:18	08:48	09:18	10:18	11:18	12:18	13:18	13:48	14:18	14:48
Hevingen	06:20	06:50	07:20	07:50	08:20	08:50	09:20	10:20	11:20	12:20	13:20	13:50	14:20	14:50
Ise stasjon	06:25	06:55	07:25	07:55	08:25	08:55	09:25	10:25	11:25	12:25	13:25	13:55	14:25	14:55



14 Ise

Gyldig: 12.03.26 - 19.06.26

Mandag - fredag

Merknad Ukedager												
Rekustad skole	14:45	15:15	15:45	16:15	16:45	17:15	17:45	18:45	19:45	20:45	21:45	22:45
Greåker	14:50	15:20	15:50	16:20	16:50	17:20	17:50	18:50	19:50	20:50	21:50	22:50
Greåkerdalen	14:55	15:25	15:55	16:25	16:55	17:25	17:55	18:55	19:55	20:55	21:55	22:55
Borgbygget	15:00	15:30	16:00	16:30	17:00	17:30	18:00	19:00	20:00	21:00	22:00	23:00
Valaskjold bru	15:04	15:34	16:04	16:34	17:04	17:34	18:04	19:04	20:04	21:04	22:04	23:04
Sarpsborg bussterminal	15:06	15:36	16:06	16:36	17:06	17:36	18:06	19:06	20:06	21:06	22:06	23:06
Sarpsborg torg	15:07	15:37	16:07	16:37	17:07	17:37	18:07	19:07	20:07	21:07	22:07	23:07
Haralds plass	15:08	15:38	16:08	16:38	17:08	17:38	18:08	19:08	20:08	21:08	22:08	23:08
Byfogdløkka	15:09	15:39	16:09	16:39	17:09	17:39	18:09	19:09	20:09	21:09	22:09	23:09
Borgermesterløkka	15:10	15:40	16:10	16:40	17:10	17:40	18:10	19:10	20:10	21:10	22:10	23:10
Hafslund skole	15:14	15:44	16:14	16:44	17:14	17:44	18:14	19:14	20:14	21:14	22:14	23:14
Østfoldmeieriet	15:15	15:45	16:15	16:45	17:15	17:45	18:15	19:15	20:15	21:15	22:15	23:15
Garberg	15:15	15:45	16:15	16:45	17:15	17:45	18:15	19:15	20:15	21:15	22:15	23:15
Brusemyrveien 47	15:16	15:46	16:16	16:46	17:16	17:46	18:16	19:16	20:16	21:16	22:16	23:16
Brusemyrveien	15:16	15:46	16:16	16:46	17:16	17:46	18:16	19:16	20:16	21:16	22:16	23:16
Brusemyrtoppen	15:17	15:47	16:17	16:47	17:17	17:47	18:17	19:17	20:17	21:17	22:17	23:17
Brusemyr	15:17	15:47	16:17	16:47	17:17	17:47	18:17	19:17	20:17	21:17	22:17	23:17
Engsmyrveien	15:18	15:48	16:18	16:48	17:18	17:48	18:18	19:18	20:18	21:18	22:18	23:18
Jellestadveien 25	15:18	15:48	16:18	16:48	17:18	17:48	18:18	19:18	20:18	21:18	22:18	23:18
Holmegil	15:18	15:48	16:18	16:48	17:18	17:48	18:18	19:18	20:18	21:18	22:18	23:18
Hevingen	15:20	15:50	16:20	16:50	17:20	17:50	18:20	19:20	20:20	21:20	22:20	23:20
Ise stasjon	15:25	15:55	16:25	16:55	17:25	17:55	18:25	19:25	20:25	21:25	22:25	23:25



14 Ise

Gyldig: 12.03.26 - 19.06.26

Lørdag

Merknad Ukedager														
Rekustad skole	07:45	08:45	09:45	10:45	11:45	12:45	13:45	14:45	15:45	16:45	17:45	18:45	19:45	20:45
Greåker	07:50	08:50	09:50	10:50	11:50	12:50	13:50	14:50	15:50	16:50	17:50	18:50	19:50	20:50
Greåkerdalen	07:55	08:55	09:55	10:55	11:55	12:55	13:55	14:55	15:55	16:55	17:55	18:55	19:55	20:55
Borgbygget	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Valaskjold bru	08:04	09:04	10:04	11:04	12:04	13:04	14:04	15:04	16:04	17:04	18:04	19:04	20:04	21:04
Sarpsborg bussterminal	08:06	09:06	10:06	11:06	12:06	13:06	14:06	15:06	16:06	17:06	18:06	19:06	20:06	21:06
Sarpsborg torg	08:07	09:07	10:07	11:07	12:07	13:07	14:07	15:07	16:07	17:07	18:07	19:07	20:07	21:07
Haralds plass	08:08	09:08	10:08	11:08	12:08	13:08	14:08	15:08	16:08	17:08	18:08	19:08	20:08	21:08
Byfogdløkka	08:09	09:09	10:09	11:09	12:09	13:09	14:09	15:09	16:09	17:09	18:09	19:09	20:09	21:09
Borgermesterløkka	08:10	09:10	10:10	11:10	12:10	13:10	14:10	15:10	16:10	17:10	18:10	19:10	20:10	21:10
Hafslund skole	08:14	09:14	10:14	11:14	12:14	13:14	14:14	15:14	16:14	17:14	18:14	19:14	20:14	21:14
Østfoldmeieriet	08:15	09:15	10:15	11:15	12:15	13:15	14:15	15:15	16:15	17:15	18:15	19:15	20:15	21:15
Garberg	08:15	09:15	10:15	11:15	12:15	13:15	14:15	15:15	16:15	17:15	18:15	19:15	20:15	21:15
Brusemyrveien 47	08:16	09:16	10:16	11:16	12:16	13:16	14:16	15:16	16:16	17:16	18:16	19:16	20:16	21:16
Brusemyrveien	08:16	09:16	10:16	11:16	12:16	13:16	14:16	15:16	16:16	17:16	18:16	19:16	20:16	21:16
Brusemyrtoppen	08:17	09:17	10:17	11:17	12:17	13:17	14:17	15:17	16:17	17:17	18:17	19:17	20:17	21:17
Brusemyr	08:17	09:17	10:17	11:17	12:17	13:17	14:17	15:17	16:17	17:17	18:17	19:17	20:17	21:17
Engsmyrveien	08:18	09:18	10:18	11:18	12:18	13:18	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18
Jellestadveien 25	08:18	09:18	10:18	11:18	12:18	13:18	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18
Holmegil	08:18	09:18	10:18	11:18	12:18	13:18	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18
Hevingen	08:20	09:20	10:20	11:20	12:20	13:20	14:20	15:20	16:20	17:20	18:20	19:20	20:20	21:20
Ise stasjon	08:25	09:25	10:25	11:25	12:25	13:25	14:25	15:25	16:25	17:25	18:25	19:25	20:25	21:25



14 Ise

Gyldig: 12.03.26 - 19.06.26

Lørdag

Merknad Ukedager														
Rekustad skole	21:45	22:45
Greåker	21:50	22:50
Greåkerdalen	21:55	22:55
Borgbygget	22:00	23:00
Valaskjold bru	22:04	23:04
Sarpsborg bussterminal	22:06	23:06
Sarpsborg torg	22:07	23:07
Haralds plass	22:08	23:08
Byfogdløkka	22:09	23:09
Borgermesterløkka	22:10	23:10
Hafslund skole	22:14	23:14
Østfoldmeieriet	22:15	23:15
Garberg	22:15	23:15
Brusemyrveien 47	22:16	23:16
Brusemyrveien	22:16	23:16
Brusemyrtoppen	22:17	23:17
Brusemyr	22:17	23:17
Engsmyrveien	22:18	23:18
Jellestadveien 25	22:18	23:18
Holmegil	22:18	23:18
Hevingen	22:20	23:20
Ise stasjon	22:25	23:25



14 Ise

Gyldig: 12.03.26 - 19.06.26

Søndag

Merknad Ukedager														
Rekustad skole	13:45	14:45	15:45	16:45	17:45	18:45	19:45	20:45	21:45	22:45
Greåker	13:50	14:50	15:50	16:50	17:50	18:50	19:50	20:50	21:50	22:50
Greåkerdalen	13:55	14:55	15:55	16:55	17:55	18:55	19:55	20:55	21:55	22:55
Borgbygget	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00
Valaskjold bru	14:04	15:04	16:04	17:04	18:04	19:04	20:04	21:04	22:04	23:04
Sarpsborg bussterminal	14:06	15:06	16:06	17:06	18:06	19:06	20:06	21:06	22:06	23:06
Sarpsborg torg	14:07	15:07	16:07	17:07	18:07	19:07	20:07	21:07	22:07	23:07
Haralds plass	14:08	15:08	16:08	17:08	18:08	19:08	20:08	21:08	22:08	23:08
Byfogdløkka	14:09	15:09	16:09	17:09	18:09	19:09	20:09	21:09	22:09	23:09
Borgermesterløkka	14:10	15:10	16:10	17:10	18:10	19:10	20:10	21:10	22:10	23:10
Hafslund skole	14:14	15:14	16:14	17:14	18:14	19:14	20:14	21:14	22:14	23:14
Østfoldmeieriet	14:15	15:15	16:15	17:15	18:15	19:15	20:15	21:15	22:15	23:15
Garberg	14:15	15:15	16:15	17:15	18:15	19:15	20:15	21:15	22:15	23:15
Brusemyrveien 47	14:16	15:16	16:16	17:16	18:16	19:16	20:16	21:16	22:16	23:16
Brusemyrveien	14:16	15:16	16:16	17:16	18:16	19:16	20:16	21:16	22:16	23:16
Brusemyrtoppen	14:17	15:17	16:17	17:17	18:17	19:17	20:17	21:17	22:17	23:17
Brusemyr	14:17	15:17	16:17	17:17	18:17	19:17	20:17	21:17	22:17	23:17
Engsmyrveien	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18	22:18	23:18
Jellestadveien 25	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18	22:18	23:18
Holmegil	14:18	15:18	16:18	17:18	18:18	19:18	20:18	21:18	22:18	23:18
Hevingen	14:20	15:20	16:20	17:20	18:20	19:20	20:20	21:20	22:20	23:20
Ise stasjon	14:25	15:25	16:25	17:25	18:25	19:25	20:25	21:25	22:25	23:25